



**Dr Phil Lockie**  
GENERAL SURGEON

At Dr Phil Lockie's practice we  
provide all kinds of support!

**JUST  
START  
exercise**

something is  
better than  
nothing

**NEXT EXERCISE  
WORKSHOP  
1<sup>st</sup> Nov 2021  
6pm-6:45 pm  
ROOMS**

...

**"How to add weights into your  
exercise regime" Lisa Campbell**  
Booking essential

Please call us to see how we can help you...

**07 3355 2011 - Dr Phil Lockie's Rooms**