



NSW MASTERS SQUASH ASSOCIATION

A quarterly newsletter to bring everyone together - Spirit of Masters

ISSUE 5 NOVEMBER 2021



WELCOME BACK Everyone!

In this newsletter



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President's Report

Welcome back masters squashies!!

What can I say, it's been a long time between drinks!! Ooh... I mean squash games.



Member Profile—Peter Bastow

Life after Work?

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President's Report



Welcome back masters squashies!!

What can I say, it's been a long time between drinks!! Ooh... I mean squash games. I'm sure you have all been back on the court by now and easing your bodies back into the swing of things.

After another disappointing stretch of lockdowns and uncertainty it appears the Dapto tournament has been kissed on the wings by an angel.

I know how you all hate dinner dances with no dancing, I remember last year some of you tried to defy the rules and were chased off the dance floor by the waitresses or security. With a bit of luck as I write this, I'm hopeful that dancing will be allowed, but please no injuries from shaking those hips, I suggest warming up before you hit the dance floor!

Your president had booked a hike In Tasmania unknowingly or not thinking of tournament dates early in the year for the week of 16/11 - 21/11. Luckily for all of you... it's been cancelled, and you get me at Dapto to organise the draw and run that side of things for the weekend, so I'm looking forward to seeing as many people there as the Tournament can allow with restrictions.

I have accepted the township players of Bega as an apology for the Dapto tournament, apparently, it's the big 60 for Mr Robert Blacker, we wish you all the very best mate.

For those that cannot come to Dapto, on behalf of the executives and committee members we wish you all a very safe and Merry Christmas with your family and friends. We look forward to many tournaments next year and catching up with everyone.

Davina Harding



Member Profile—Peter Bastow



Life after Work?

Like most people in NSW, I've been locked down from June to October 2021. No Squash and unable to see my Partner for 3.5 months.

Work for me was unaffected during this period. I simply just came home from work & stayed inside.

Prior to COVID, my week was so different. Training, coaching, playing comp 2 to 3 times a week, playing in tournaments, and travelling when required.

It's all starting to come back once again.

Could you give some personal background (relationships, children, etc.)?

Mother - Pearl Bastow - Born in 1930 & turning 91 November 20 this year. Amazing!!

Sister - Dianne Shoobert - Married 3 kids

Partner - Lyndal Amer

Stepdaughters- Kayla - 17 years and Jessica - 14 years

I met Lyndal at a Squash Tournament in Avalon approximately 34 years ago & we dated for a just a couple of months. Lyndal was 17 & I was 19 at the time.

We freakishly met again at a Squash Tournament at Dgen (Caringbah). We have been together now for almost 2.5 years and live-in separate suburbs. However, we have plans to move into 1 house in 2022.

There may be another surprise in the future as well!!

Are you involved in any community organizations (charities, church, etc.)?

No current involvement with anything at this stage.

What are your hobbies?

I enjoy keeping up with current Technology and Learning New Life Skills.

Are there any political or social issues you feel passionately about?

With a very strange few years behind us since Covid-19 began, it's great to finally be out of Lockdown and almost getting back to a normal life. I've been Fully Vaccinated and it's so enjoyable to be able to play Squash again. I have seriously missed it and it's therapeutic for me!

However, I find it difficult to understand why some people have chosen to not get vaccinated and allow themselves the associated "privileges" that come with it. But I do totally understand that it is a personal choice.

I personally don't want to live through another Pandemic or Lockdown of any kind!

Where did you grow up? Did you move around a lot? If yes, how did this affect you? If no, how did the stability of living in one place all your life affect you?

I was born in 1968 at the St Leonards Hospital for Women.

I have lived in numerous places throughout my life and have had stages of stability and moments of moving around guite a lot.

Most places I have very fond memories of. However, some places have had their moments...

I lived with my mum at all places until I was around 17 years. Popping back home here & there.

A snapshot of my residential life looks like this:

- 1968 1972 Up to and including 4 years of age, I lived in numerous places. Including:
 - *Glebe (From Born to 1yr), *Cowra (From 1yr to 2yrs), *Sans Souci (From 2yrs to 3yrs),
 - *Granville (From 3yrs to 4.5yrs)
- 1973 1977 (From 4.5yrs to 8.5yrs)

This is why I support the Parramatta Eels. I lived in 2 separate places in Parramatta.

- 1977 1989 (From 8.5yrs to 21yrs)
 Finally, some stability in my life had arrived. I happily spent 12 years in a 2-bedroom Unit on the 3rd floor in Ashcroft.
- 1989 1990 (From 21yrs to 22yrs) My 1st time living away from my mum in Prestons.
- 1990 1991 (From 22yrs to 23yrs) Back home to live with mum again in Ashcroft Didn't last too long away... lol
- 1992 1993 (From 24yrs to 25yrs) *Wetherill Park *Hinchinbrook *Parramatta
- 1993 1994 (From 25yrs to 26yrs) Back home with mum again. Mum retired in 1993 and moved to Bateau Bay on the Central Coast. I stayed in the Unit at Ashcroft for another 12 months.
- 1994 1997 (From 26yrs to 29yrs) Another period of interruption and instability *Liverpool *Edensor Park *Campbelltown *Yennora *Bateau Bay
- 1998 2002 (From 29yrs to 34yrs) Moved in 2002 to Liverpool (3 Story 2 Bedroom Townhouse) on my Birthday. That was not a fun day!!
- 2002 2005 (From 32yrs to 37yrs)
 *Hoxton Park *Chester Hill *Liverpool *Prestons
- 2006 Today 2021 (From 38yrs to 53yrs) Woo Hoo!! Finally settled. 15 years in the same place.

This has really felt like my haven after all the years of moving around. *Liverpool - (3 Bedroom Townhouse)

Do you have a nickname?

Most people call me Sneaky or Sneaky Pete. I have also been known as Slippery Pete, Whippet and The Energiser Bunny.

When I started High School, I was called Smurf for the 1st year as I was the smallest kid in the school.

Someone called me Dual after I had represented Australia for Masters Squash and I had also played Indoor Cricket for Australia in recent years.

Where have you travelled?

All Capital Cities of Australia except Northern Territory. Most trips away have either been for Squash or Indoor Cricket.

*Fiji - Squash *England - Indoor Cricket (World Cup) *New Zealand - Trans Tasman Test Series - Squash & Indoor Cricket

How do you keep a healthy work/life balance?

Outside of a working day, I do my best to fit in as much sport or activities into my spare time as I can.

Always very keen to stay as fit as I possibly can

List your favourites (book, movie or play, quote, poem, website, type of food or individual dish, music genre, song, band or individual musician, clothing style or designer, etc).

Book - Skullduggery by Kerry O'Keeffe

Movie - Primal Fear

Quote - Never Give Up

Website - Amazon.com.au

<u>Type of Food</u> - Anything Spicy, Chinese, or Mexican

<u>Individual Dish</u> - Satay Chicken

Music Genre - Dance, Pop, Rock *Song -

Band -INXS, Noiseworks, Spy Vs Spy

<u>Individual Musician</u> - Lady Gaga, Pitbull

Clothing Style - Smart Casual *Designer - Calvin Klein

So far what's been your most embarrassing moment?

As a teenager, I saved my \$1 coins for a long time to get myself a surfboard. Living in Liverpool I never surfed, but really wanted to. After years of saving, I finally purchased a Town & Country Thruster (Tri Fin) for \$320.

I took it out the very next weekend by train (Red Rattler days) and a ferry to Manly. I had my Wetsuit stolen at Manly and when I was on my way home, my new Surfboard fell out of the train about 100 meters from Liverpool station.

I've never surfed since that day!

Favourite weekend activity, outside squash?

I always like the odd game of Golf. But a weekend away, going to a Pub or Club, having a few bets and some alcoholic beverages is certainly some great downtime. Watching Rugby League, Cricket, a Band, Comedian, or a Movie will always be something I'd never say No to.

Best compliment you've ever received?

I have been told that I look very young for my age and by others that I'm the fittest person that they know. That is certainly very humbling at the ripe old age of 53. I genuinely think that playing Squash and generally being active, plays a huge part in both of those.

Did you have a model or idol who you aspired to be as a youth?

I started squash very late back when it was at its peak. Along the way I came across players I looked up to like Jahangir Khan, Geoff Hunt, Rodney Martin, Chris Robertson, and Michelle Martin. Once I stepped up through the levels, I eventually had the pleasure of playing Chris Robertson at Coffs Harbour when he was No. 3 in the World. I also played Michelle Martin when she was No. 1 in the World.

Who has helped you during your personal or professional career?

With no Dad or Father figure around, I have had plenty of advice from many people over the years for many things.

However, unfortunately there has never really been a consistent Coach or Mentor for me.

Name one thing about yourself that most people don't know. List three misconceptions that people often have about you (and, if none, why).

I'm a Mobile Representative for Stellar Sports, I'm currently starting up my own Business. Watch This Space!!

People often think I am a very healthy individual, I would be vigilant with my intake and have the best diet.

However, I rarely eat vegetables and have several things on my "Do Not Eat" list. Brussel Sprouts, Olives, Long Beans, Anchovies, Cauliflower, Choko, Sago and Tripe. Yuk!

On the other hand, I'm definitely a huge fan of KFC, Maccas, Hungry Jacks, Chinese, Domino's, Pizza Hut, Red Rooster. YUM O!!

I have the sweetest tooth and love all the Voodoo foods out there. These include, Donuts & Krispy Kremes, All forms of Chocolate, Majority of Ice Creams, Biscuits, Chips, Lollies, Cakes, Cheesecake, Pastries. Full Strength everything, nothing Lite!

I love fruit and my favourite is Watermelon during the Summer!

I run a lot when playing Squash, but don't like running and very rarely go for a jog.

I haven't voted since I was 25. I didn't vote in one Election around 1993 and was sent a \$50 fine. I didn't pay the fine and was then sent a letter from the Government stating, "If you don't pay the fine, we will take you off the Electoral Roll". The rest is History!!

Tell me something about yourself that people might not readily know or anything that I haven't mentioned that you would like to add.

I started my Squash career in G2 around 1984, the second lowest grade in Squash. This was when there were so many Players, Teams, Divisions and Centres.

I remember the grades were State 1 to State 4, A1 to A4, B1 to B12, C1 to C13, D1 to D10, E1 to E12, F1 to F10 and G1 to G3.

If these were put into divisions the way they are today, there would have been something like 63 Divisions. Therefore, I started in Division 62.

I managed to reach 1st Grade and had to reluctantly stop playing Squash in 1992 due to an ongoing hip injury. I actually stopped playing for 19 years before making comeback in 2011. I have worked quite hard and managed to win an Australian Masters Title at 50 years of age and to top it off, was selected to play for Australia in New Zealand just prior to Covid. I'll continue to play this game until I am unable to take the court.

What a very special Game it is!!

Let's all continue to keep this Game alive If anyone needs a Racket strung, please get in touch.



Social Pages

"The weekend of the 29th May saw Dgen host its first Masters Tournament. 62 entries had us super busy over the weekend. I would like to thank our sponsors Just Sports @ Miranda, Suttons Forrest Meat and Wine, Beer farm boutique beer, Three Pence Roastes and Surfacestone Creations. They all provide great support to the event. I would like to thank the people who help me all weekend, Donna, Paul and Bob, without their help the tournament would not have run as smoothly as it did". - Greg Middleton via Facebook.























Darrell Allart Craig Ambler Jackie Ambler
Wade Butler Peter Coupe Brendan Crawley
Wal Gray Daniel Howard Steven Lavis
David Leask Katie Reedman Anthony Thomas
Maryann Uren Sandra Uren Troy Walsh

If this is not correct for yourself, spelling and month, please contact Dianne Elliott secretary@nswmsa.com so to update the database.



Happy August Birthday to:

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Corrine Appleby Julie Beavis	Darcy Arnold Mandy Wood	Tanya Bailey John Bonello	Michael Barnes Joy Connolly	Lyn Becket Cameron Cook	Greg Chidgey John Crooks
Ken Bryant	Anne Gleason	Tracey-Lee Hall	Rosalind Dixon	Wendy Fox	Shayne Gadd
Davina Harding	Shane Lamprey	Fay Loving	Joe Ghattas	Wally Guerreiro	Cate Hardy
Robert Mackenzie	Barbara Murphy	Steve Pile	Natasha Hawker	Dennis Jamieson	Joseph Kanyasi
Gary Smith	David Titmarsh	Kyle Walsh	Carol Loy	Eddie Packham	Peter Sinodinos
Jim Walton	Col Wells	Helen Zaman	Napoti Teremaki	Jan Whackett	
Happy September Birthday to:			Happy October Birthday to:		
Peter Bastow	Jeff Bond	John Carroll	Gail Beverly	Keri Blacker	David Branch
Grant Collie	Eddie Estaveo	Carlos Franco	Faye Cartledge	Con Contantinou	Christian Cortes
Paul Galea	Richard Jenkin	Wayne Kendall	Karen Dobie	Dianne Elliott	Jodie Evans
Kari Kostamo	Mike McDonald	Ted McKenzie	Jacqui Gardner	Rachel Graf	John Hung
Darren McKiernan	SusanMcMahon	Joanne Perkins	Benjamin Mathews	Rod La Motte	Janice Menzies
Irena Puzas	Grahame Rober		Kate Misdom	Mark Morton	Michael Mortiss
Wendy Van Hemert	Bruce Walters	Allan Watkins	Monica Rigby	Robert Scott	Paula Smith
			David Street	Ivan Truscott	
Happy November Birthday to:			Happy December Birthday to:		
Lyndal Amer	Paul Bianco	Robert Blacker	Mark Allison	Craig Ambler	Tony Bullman
Wade Butler	Greg Chamberlain	Grant Collie	David Burgin	Christine Cooper	Gary Cowan
Roger Crowfoot	Grant Farrant	Ted Freeman	Stefanie Crane	Brendan Crawley	Will Crocker
Aileen Garner	Richard Gatty	Warren Gilmer	Gwenda Fletcher	Scott Harrison	Daniel Howard
Charmaine Hepburn	Alistair James	Laney Lashbrook-Goug	gh Joanne Karaboiki	is Luis Lopez	Ian Robertson
Steven Lavis	Jane Mackie	Garry Piggott	Craig Roden	Kathy Smart	Susan Smith
Cliff Pistorius	Brian Sandercock	Ernie Speed	Katie Totora		
Gavin Stansfield	Anthony Thomas	Sandra Uren			

Committee Members 2021

Patron/s— Monica Rigby

Barry Werth

President—Davina HardingVice President—Garry PiggottSecretary—Dianne ElliottTreasurer—Will Croker

Janelle Wilson

Registrar— Colin Wells

State Selectors— Scott Foster, Stephen Fry, Colin Wells

Peter Williams(Bx)

Happy July Birthday to:

Committee—Mark Allison, Tony Bullman, Scott Foster, Wendy Fox, Wally Guerreiro & Tracey-Lee Hall